

HEREFORD ISD

Superintendent Weekly

July 10, 2017

Committed to Children, Dedicated to Excellence

“Choose to Commit”

Good Evening!

I just finished reading “How full is your bucket?” by Tom Rath and Donald Clifton, Ph.D.

There were five strategies for increasing positive emotion discussed in this book:

- 1. Prevent Bucket Dipping*
- 2. Shine a Light on What Is Right*
- 3. Make Best Friends*
- 4. Give Unexpectedly (not talking about money)*
- 5. Reverse the Golden Rule (Do unto others as they would have you do unto them)*

If you are intrigued by these five strategies for increasing positive emotions, I highly recommend you read this book.

THINK ABOUT:

“Coming together is a beginning, staying together is progress, and working together is success.” Henry Ford

The Vision of Hereford ISD is to seek to ensure that all students will:

- C – Communicate effectively*
- H – Have positive relationships*
- I – Incorporate critical thinking skills*
- L – Learn to respect differences*
- D – Develop into responsible, productive citizens*

ALL MEANS ALL

Looking to the Future:

7-10 to 7-14, 2017

No planned activities

TOGETHER WE CAN.....HEREFORD PROUD!